



PRODUCT CATALOGUE

wellness comes
from **within**

Who are we?

LIFE 4U Mauritius offers you exceptional products that are 100% natural, rich in antioxidants and unprecedented in the **nutrition**, **cosmetic** and **wellness** fields. Produced in France by **Ecosystem Laboratory** since 1989, they are recognised worldwide for their **exceptional quality** and **effectiveness**.

Ecosystem has been operating for over 30 years and has become **experts in their field** while securing a number of **invention patents**. Ecosystem's drive for **continuous innovation** has earned them **international recognition** in the form of awards from some of the world's largest innovation fairs.

Ecosystem's products are distributed in Mauritius by a **network of partners**. If you're a **people's person** who loves **natural products** then LIFE 4U's direct sales activity is made for you. LIFE 4U is here to serve, instruct and support you on your journey.

Our mission

Through **relationship marketing** we aim to offer **products of excellence** to a wide range of people.

Regular use of our products helps to regain and maintain **natural immune system balance** and **vitality**, and promote sustainable **wellness**.



IMPORTANT FACTS

The LIFE 4U products

Manufactured:

- According to **time-honoured, traditional methods.**
- From **carefully selected, natural resources.**
- Using **advanced extraction techniques.**
- From plants with powerful **antioxidant properties.**
- In **liquid form** for **faster absorption of nutrients by the body.**

Certified:

- 100% plant origin
- No chemical additives
- No added sugar
- Gluten-free
- Non-GMO

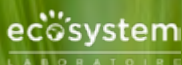
Conservation:

There is no risk of bacterial growth if our products are stored at room temperature, in their original packaging, properly sealed and away from light. The minimum shelf life of our food supplements is **3 years from the date of manufacture.** They can still be used after this period.





FRÉDÉRIC POTTECHER
Researcher and Founder President
of ECOSYSTEM



“We live in an unnatural environment where pollution, stress and industrially processed food create imbalances which can have a number of negative effects on our health and wellbeing. Our research at Ecosystem has made it possible to create a unique range of products that, when used regularly, will help you regain natural balance and vitality.

Ecosystem products are unmatched on the market and are made from carefully selected and completely natural raw ingredients.”



ANNE-SOPHIE DEVON
Business Development Manager
of LIFE 4U



Anne-Sophie's fascination with nature started at a young age and over the years she discovered nature's wide and varied resources in the areas of wellness and health. She is proud to be part of the development of LIFE 4U, a company whose products are created from the best that nature has to offer. She discovered Ecosystem's exceptional range of products in Reunion Island in 2016 and has been using them ever since. Her personal and life-changing experience with LIFE 4U's products is what drives her to make them known to as many people as possible in Mauritius and abroad.



Nutrition

Mac Oc
Blue for Life
Ianaï
Li Ksirel
96 Antioxydant
Living Gold
Cool
Nat'Forme

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Wellness

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Nutrition

Each of our food supplements
is rich in antioxidants.

Antioxidants have been found to slow down cellular ageing and to reduce the multiplication of diseased cells. Their main functions are **prevention**, **protection** and **repair** of our cells, particularly stem cells.

They neutralise “free radicals” which kill cells and damage our DNA. By protecting our cells from **premature ageing**, they help to fight against the increase of **chronic diseases**.

When taking more than one food supplement, we highly recommend taking them at the same time to ensure a **strong synergic action** between the different antioxidants.

Mac Oc
(300 ml)

Blue for Life
(300 ml)

Living Gold
(50 ml)

Nat'Form
(60 capsules)



Important:

- Food supplements should not replace a balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children.
- Please be aware that you might go through a detoxification phase when you start taking some antioxidants. This is a normal part of the process and is nothing to be concerned about!
- If you are concerned about allergic reactions, put a drop of the product in the crease of your elbow before consuming it and if any redness, itching, etc. occurs, please do not hesitate to contact us.

İanaï
(300 ml)

Li Ksirel
(300 ml)

96 Antioxydant
(150 ml)

Cool
(60 capsules)



WHO ARE OUR PRODUCTS FOR?

LIFE 4U products benefit sportsmen and women, athletes, people in good health, or in convalescence, or those who are stressed, as well as growing children and teenagers, vegetarians, vegans... In short, they are good for the entire family, with the elderly experiencing the most remarkable results. We're so confident in their quality and positive effects that we offer a **90-day money back guarantee** on all our products if you're not 100% satisfied with the results. **Try them and see for yourself!**





Mac Oc

300 ml

INGREDIENTS

Spirulina: 750 mg

Ginger: 10.5 mg

Cinnamon: 10.5 mg

Natural additives: Vegetable glycerine (firming),

Vinegar (acidifier), Natural flavours, Water (q.s.).

100%
NATURAL
PLANT
ORIGIN

Mac Oc contains both Spirulina and powerful antioxidants, which contribute to the normal functioning of the immune system and strengthening of the body's natural defences.

Used daily, it helps to stimulate the metabolism and combat temporary tiredness, helping you to stay in great shape.

This product is patented (Ecosystem patent n°2897626) .

The World Health Organisation considers Spirulina (freshwater micro-algae) to be the best food for the future. It is classified as a 'super-food' because as a food supplement it provides everything we need for a balanced diet. It contains naturally occurring essential bio-nutrients such as iron, magnesium, superoxide dismutase, vitamin B12, beta-carotene, etc.

RECOMMENDED DOSE

3 teaspoons or 3 capfuls daily (15 ml) to be diluted in a large glass of water. To be taken in the morning on an empty stomach and during the day if needed.



Blue for Life

300 ml

RECOMMENDED DOSE

2 teaspoons or 2 capfuls daily (10 ml) to be diluted in a large glass of water. To be taken in the morning on an empty stomach and during the day if needed.

Natural additives: Vegetable glycerine (firming), Vinegar (acidifier), Natural flavours, Water (q.s.).

CERTIFIED
NON-DOPING
FOR SPORT



INGREDIENTS

Spirulina: 1,500 mg
Trehalose: 526 mg
Natural Vitamin C: 141 mg
Camu Camu: 50 mg
Reishi: 25.7 mg
Cordyceps: 25.7 mg
Red vine: 11.7 mg
Cinnamon: 9 mg
Ginger: 6.3 mg

100%
NATURAL
PLANT
ORIGIN

Blue for Life is an improved formula of Mac Oc, especially rich in vitamin C, antioxidants and minerals. It is high in Phycocyanin (Spirulina extract) and contains Camu Camu, Reishi and Cordyceps, creating a unique combination, with Camu Camu's vitamin C filling the only gap Spirulina has in terms of micronutrients.

This product is **patented** (Ecosystem patent n°2897626) and **SPORT Protect certified**.

N.B.: This product is sold in France and its overseas departments and territories under the brand name "Mac Oc Premium Quality".



İanaï

500 ml



İanaï is a rich food supplement made from 24 exceptional bio-nutrients (23 adaptogenic herbs including Reishi and 1 prebiotic) in liquid form for faster absorption.

24
exceptional
bio-nutrients

Traditional herbalists have used Reishi in Asia for millennia. This rare wild mushroom is known as the “herb of spiritual potency” or “mushroom of immortality”. It is considered a vital energy tonic (Qi or Tchi), which explains its gentle, whole-body supportive action. It works effectively, progressively and naturally, helping to eliminate accumulated toxins and boost the body’s natural defences to regain strength and vitality.



Reishi: 318.75 mg
Spirulina: 318.75 mg
Rooibos: 318.75 mg
Trehalose: 215.62 mg
Ginger: 167.75 mg
Arabica coffee: 168.75 mg
(of which 5.34 mg is caffeine)
Ginseng: 103.12 mg
Robusta coffee: 103.12 mg
(of which 9.93 mg is caffeine)
Purple carrot: 84.37 mg
Red grape: 84.37 mg
Gluco-oligosaccharides: 84.37 mg
Cordyceps: 84.37 mg

Natural additives: Vegetable glycerine
(firming), Ascorbic acid (antioxidant),
Water (q.s.).



Blackcurrant: 84.37 mg
Cranberry: 46.87 mg
Passion fruit: 46.87 mg
Goji berries: 46.87 mg
Acai berries: 46.87 mg
Pomegranate: 46.87 mg
Mangosteen: 46.87 mg
Ceylan cinnamon: 46.87 mg
Red grape: 28.12 mg
(of which 70% is resveratrol)
Vanilla: 9.37 mg
Red ggrape: 8.43 mg
(of which 80% is PCO)

RECOMMENDED DOSE

3 teaspoons or 3 capfuls daily (15 ml) to be diluted in a large glass of water. To be taken in the morning on an empty stomach and before bed time if needed.



Li Ksirel

300 ml



Li Ksirel is a living lacto-fermented elixir made from cranberry, green tea, pomegranate and goji berry. It is an excellent detoxifying agent as it drains and cleanses the blood, while regulating

its pH. The fermentation process produces organic silica, which is essential for healthy bones. This elixir is especially beneficial to athletes and other active individuals who want to stay in excellent shape.



RECOMMENDED DOSE

2 tablespoons daily (30 ml) to be diluted in a large glass of water (1 glass after lunch and 1 glass after dinner). Remember to drink water throughout the day to help eliminate toxins.



96 Antioxydant

150 ml

100%
NATURAL
PLANT
ORIGIN

INGREDIENTS

Fatty acids (combination of omega 6 and 9) from Peanut oil and Vitamin E processed using traditional methods dating back to ancient Egypt.



FOOD ALLERGEN

(EC Regulation n°1169/2011)
Contains peanut oil.



RECOMMENDED DOSE

2 teaspoons or 2 capfuls daily (10 ml), undiluted, to be taken in the morning on an empty stomach. You can increase the dose up to 30 ml daily if needed. The oil can also be used on your skin.



96 Antioxydant is a highly concentrated, natural oil that delivers your body's daily requirements of essential fatty acids and antioxidants. This mixture of natural fatty acids efficiently combats free radicals in order to protect your cells.



Living Gold

50 ml

INGREDIENTS

Peanut oil
Curcuma or Tumeric root
extract concentrated
in Curcumin.
Sophora flower extract
concentrated in Quercetin.

RECOMMENDED DOSE

10 drops onto a tablespoon twice
daily: morning and evening. This oil
can also be used on your skin.

100%
NATURAL
PLANT
ORIGIN

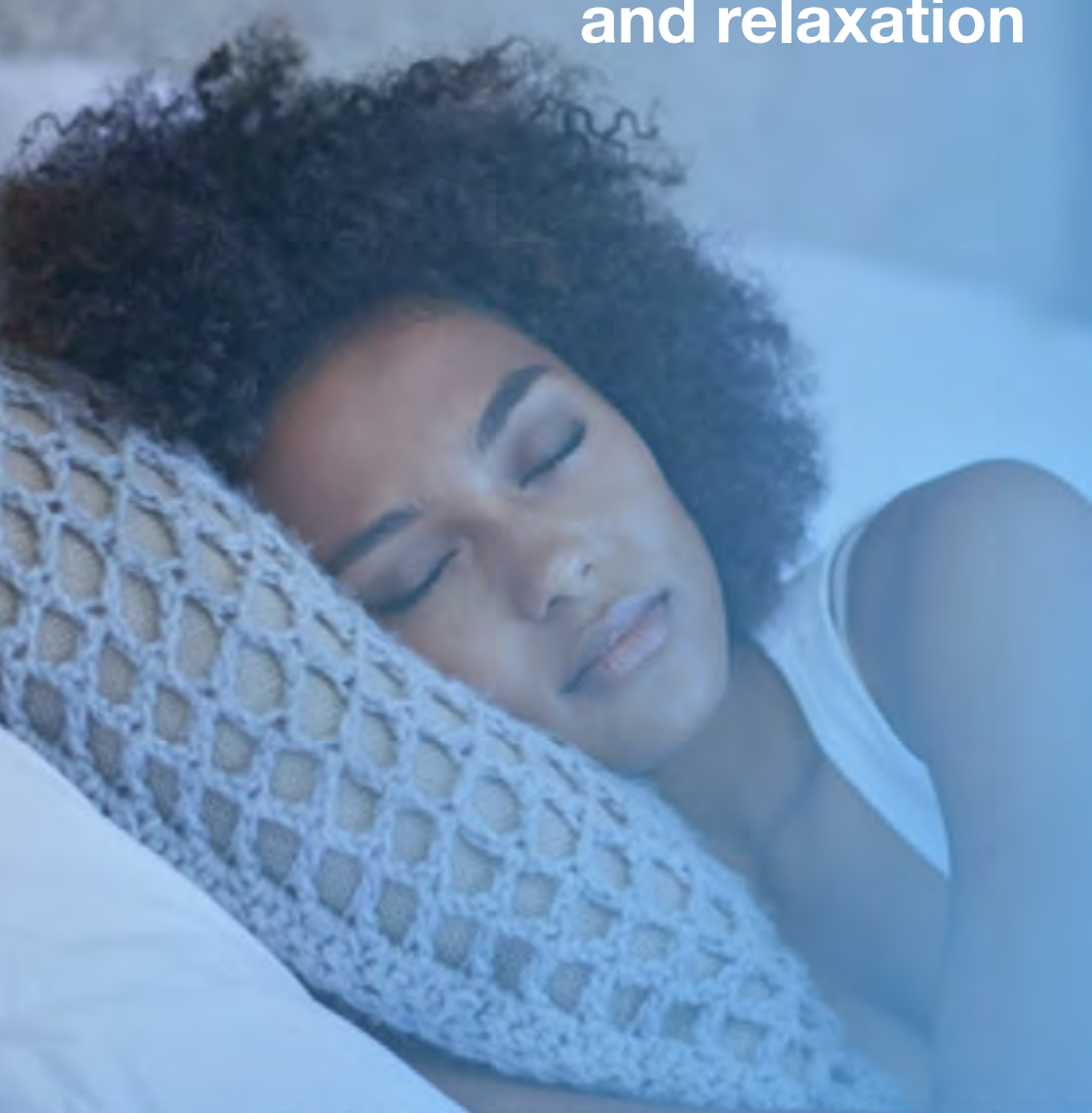
FOOD ALLERGEN

(EC Regulation n°1169/2011)
Contains peanut oil.



Living Gold is a uniquely formulated, highly concentrated oil, rich in antioxidants which protects your body from the stresses of everyday life. An innovative technique combines two natural molecules: Curcumin (fat-soluble) and Quercetin (water-soluble) with a Peanut oil, to create this exceptional product with powerful anti-inflammatory properties and natural allergy defences.

Inner calm and relaxation



Cool

60 capsules

Cool is a food supplement, in capsule form, created to balance both the **nervous system** and **intestinal flora**. It consists mostly of fish peptides, and includes citrate, which transports magnesium to the cells, Vitamin B6, which is essential to the proper functioning of the central nervous system, and St. John's Wort, which regulates mood.

Cool also contains six different strains of lactic acid bacteria (or probiotics) and one prebiotic, which are intended to rebalance the digestive system.

INGREDIENTS

Magnesium citrate: 750 mg

Sardine peptides hydrolysate: 240 mg

Brewer's yeast: 120 mg

St John's Wort dry extract: 60 mg

Lactic bacteria: 9 mg

Vitamin B6: 2.4 mg

Natural additives: Hypromellose
(vegetable coating), Magnesium stearate
(vegetable anticaking agent).



RECOMMENDED DOSE

3 capsules daily (1 with each meal).



Regaining balance naturally



Nat'Forme

60 capsules

Nat'Forme is a food supplement considered to provide balanced supplementation with vitamins, minerals, trace elements and natural antioxidants. It is made from natural ingredients selected for their nutritional qualities and their antioxidant properties, as well as for their trace element content.

INGREDIENTS

Acerola extract: 213.3 mg (of which 53.3 mg is vit. C)
Marine magnesium oxide: 125 mg
Ginkgo leaf: 133.3 mg
Chlorella: 100 mg
Fucus thallus extract: 33.3 mg (of which 50 µg is iodine)
Zinc citrate: 9.1 mg
Selenium yeast: 46.7 µg
Grape seed extract: 20 mg (of which 3.6 mg is OPC)
Maritime Pine bark extract: 13.3 mg
Vitamin E: 4.5 mg
Dunaliella extract: 6 mg (of which 10% is beta-carotene)

Natural additives: Hypromellose (vegetable coating),
Magnesium stearate (vegetable anticaking agent).

RECOMMENDED DOSE

2 capsules daily (breakfast and lunch).



CAUTION:

If you are taking anticoagulant medicine, please consult your doctor before using this product.

Cosmetics

Young for Life

22 ml

CERTIFIED

- 100% plant origin
- No chemical additives
- No added fragrance
- Non-GMO



PRODUCTS
TESTED UNDER
DERMATOLOGICAL
CONTROL



Young for Life anti-aging serum contains a highly concentrated formula made with 100% active ingredients. Patawa oil, a precious oil from Amazonia, is well-known for its exceptional moisturising and nourishing actions. This dry, non-greasy oil is quickly and deeply absorbed by the skin. The addition of three powerful antioxidants, Coenzyme Q10, vitamin E and Astaxanthin, produces a formula with unmatched efficiency.

N.B.: This product is sold in France and its overseas departments and territories under the brand name “Living Young serum”.

RECOMMENDED DOSE

This serum is suitable for all skin types, for both women and men. Apply to a clean, dry face morning and evening.



CAUTION:
Avoid contact with eyes.

Living Young

50 ml

INGREDIENTS

Patawa oil
Microcrystalline cellulose
Polyglyceryl-6-Distearate
Cetearyl alcohol
Yapana extract
Glycerin
Hydrolyzed hyaluronic acid
Glycogen
Tocopheryl acetate
Xanthan gum
Jojoba esters
Polyglyceryl-3-Beeswax
Cetyl alcohol
Benzyl alcohol
Dehydroacetic acid
Water
Perfume

Natural preservatives:

Sodium benzoate and Potassium sorbate.



Living Young anti-aging cream is formulated with superpower ingredients like hyaluronic acid and glycogen (which stimulates the skin's natural production of hyaluronic acid and collagen) and Yapana. It hydrates and plumps up the skin, diminishing wrinkles and fine lines. This cream is suitable for all skin types, for both women and men.

RECOMMENDED DOSE

Apply to a clean, dry face, including eye contours and neck, morning and evening. For best results, use together with Young for Life serum which you would apply first and once absorbed, apply the cream.

Wellness

Extrait de Safran

(Saffron extract)

75 ml

Saffron is one of the most expensive spices in the world due to its scarcity but more importantly, its unparalleled health and wellbeing effects. It is used to promote relaxation, as an aphrodisiac, and to aid digestion. Our concentrated liquid form is produced by our laboratory using patented technology.





INGREDIENTS

Saffron pistils: 900 mg

Natural additives: Vegetable glycerine (firming), Citric acid (antioxidant), Water (q.s).

RECOMMENDED DOSE

Just a few drops of this highly concentrated extract are needed to give an unforgettable taste to your dishes and beverages. To experience its unique effects, take 10 drops 3 times daily, pure or diluted in a glass of water.

Complexe Aromatique

(Essential Oil Blend)

100 ml

INGREDIENTS

*organic ingredients.

Propylene glycol
Olive Tree fruit extract*
Wheat germ oil
Aloe leaf extract*
Rosemary leaf extract*
Lavender flower/leaf/stem extract*
Sweet Orange peel extract*
Lemon peel extract*
Sage leaf extract*
Myrtle leaf extract*
Eucalyptus leaf oil
Wild Mint leaf oil
Camphor Tree bark oil
Scots Pine leaf oil
Ceylon Citronella grass oil
Lemon Balm extract
Thyme extract
Mediterranean Cypress cone extract
Silver Birch leaf extract
Common Juniper extract
St John's Wort extract
Yarrow extract
Immortelle extract
German Chamomile flower extract
Marigold flower extract
Horse Chestnut extract
Asiatic Pennywort extract
Bilberry extract
Ivy extract
Butcher's Broom extract
Ceylon Cinnamon bark oil
Limonene
Citral
Linalool





Our **aromatic essential oil blend** is made up of high-quality essential oils, many of which come from organic farming. Among the oils that make up this formula you can find those of Eucalyptus, Aloe Vera, Camphor tree, Ceylon citronella and much more. Essential oils help clear your airways, regenerate and cleanse the air in your home, relieve joint pains, relax muscles, calm itching...

RECOMMENDED DOSE

Apply a few drops to the affected area before and after physical exertion and massage for 2 minutes. Can also be used to purify the air and to create a pleasant ambiance in your home or office space.



CAUTION:

For external use only, do not swallow and avoid contact with eyes.



The Pulsed Magnetic Field, your wellness partner!

Pulsed magnetic therapy and polarised-light phototherapy:

Pulsed magnetic therapy acts on the several billion living cells that make up the human body. Each cell has a slight electrical potential and the **pulsed magnetic field** penetrates the body, influencing the electrical potential of the cells and stimulating them so they become active. The combination of **polarised-light** and **pulsed magnetic therapy** provides significantly better conditions for the overall success

of treatment. This treatment is used extensively by **practitioners in the field of sports medicine**.

Several international scientific studies have proven the efficiency and safety of “Pulsed Magnetic Field” technology. The Ecosystem laboratory in France has patented NTS technology (patent n°1500410), which enables an extremely precise frequency scan. Magnetic fields generated by the Lumina provide fast and efficient results.



The ultra low-frequency **pulsed magnetic field** (from 1 to 162 Hertz) provides several therapeutic effects to treat health problems. The effects can be summarised in 6 treatment groups:

- **Pain-relieving** (analgesic)
- **Myo-relaxing** (relief from spasms)
- **Anti-swelling** (anti-oedema)
- **Vasodilating** (widening of blood vessels)
- **Detoxifying** (eliminating harmful substances)
- **Healing, regenerating, anti-inflammatory, anti-rheumatic**

RECOMMENDED USE

2 to 3 sessions daily with a minimum of 10 sessions / treatment.

- Short-term health issues:
20 to 30 sessions
- Chronic conditions: continued sessions
(long-term)

WARRANTY:
2 YEARS PARTS
AND LABOUR.
CE CERTIFIED.



DEVICE FEATURES:

- 1 magnetic therapy device of 108 programs (32 basic programs and 76 medical programs)
- 1 3D magnetic field therapy applicator
- 1 local applicator (combination of both pulsed magnetic field and therapeutic light)
- 1 magnetic tester





Testimonies

If you wish to share your experience of LIFE 4U products, please fill in the questionnaire on our website www.life4u.mu

"I'm 82 years old and have Parkinson's disease. I have difficulty speaking and remembering things. I take time to answer questions and experience a lot of shaking in my mouth and hands, and more violent shaking attacks when I sleep. After 15 days of using Mac Oc, 96 Antioxydant and Living Gold, I noticed changes in my health. My speech and my memory have improved. The shaking in my mouth and hands has decreased by 80% and most importantly I no longer have shaking attacks during my sleep, which is such a relief!"

- Asmoon

"I am 33 years old and have suffered, since birth, from two genetic blood disorders: sickle cell anaemia and thalassemia. These genetic diseases have serious health consequences: I need a blood transfusion every 5 months, experience severe pain due to infections in my joints, have liver damage, I'm very tired, sweat excessively, get bad migraines, etc. I have been taking Mac Oc, 96 Antioxydant and Living Gold for 3 months and my symptoms have significantly reduced. I spend just one day in the hospital after my transfusion, rather than one week, I have fewer pain crises that used to keep me bedridden for days, I can walk better, my speech has improved and according to my family my face is radiant again." - Jean-Bernard

"My dog had a severe ear infection. He was having nosebleeds and his ear smelled very bad. He was in terrible pain! As I prefer naturopathy to allopathic medicine, I bought 96 Antioxydant and put a drop in each of his ears for a week. My dog is doing much better, his nosebleeds have stopped, he has less pain and his ears no longer smell. I will continue the treatment until he is fully recovered." - Camilla

"I've been using face serums for a few years now (I'm 56). The results were disappointing and they are much less deserving of the praise they give themselves. I decided to try Young for Life Serum and after just a month I am already seeing results. It is a 3 (and more!) in 1 product: Moisturising, firming, and lightening (dark spots). I no longer need separate night, or day, creams! The dark circles under my eyes quickly disappeared! Try it and you will love it!"

- Marie Line

"I had heart surgery a few years ago and I'm diabetic. I had a skin graft to my foot but it got infected and an abscess developed. As a result, I had to spend 6 months in hospital. My GP advised me to take Mac Oc and 96 Antioxydant and since taking them my diabetes has stabilised at 1.5 g and my graft is no longer infected."

- Pierre

"Blue for Life really helps my daughter who has severe anaemia (iron deficiency). In just 3 weeks, her iron level rose again, and the results are encouraging. As a mother, I can rest assured that I'm using a 100% natural food supplement that will not harm my daughter. Spirulina is a truly exceptional antioxidant!" - Lissel

"During the summer of 2008, I suffered with persistent back pain and other disorders caused by a neurodegenerative disease. I had the opportunity to meet Mr. Frédéric Pottecher, a biologist and the founder and President of ECOSYSTEM Laboratory. He advised me to try Pulsed Magnetic Field sessions using the NTS Lumina Pulser, combined with LIFE 4U food supplements such as Blue for Life and Living Gold, while continuing with my medical treatment. After 2 months I noticed that my pain had gradually decreased to the point where I could live a normal life again. I'm continuing to take my supplements regularly and am very grateful to have discovered the effectiveness of Pulsed Magnetic Fields."

- Michel



wellness comes from within

If you would like more information, or if you wish to
share your experience of our products,
please contact our agency:

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Follow us on



Opening hours:

Monday - Friday | 9am to 5pm

A training room is available to our
partners free of charge.

LIFE 4U Partner's contact details: